

PreKindergarten – Grade 12: School Counseling (Academic and Vocational) Model



Appendix B: Resources

References and Resources for Elementary School

Academic Development

Responsibility Bingo. Marco; ISBN: RB968-M; \$12.95; Grades 1–6.

Benzy the Lazy Beaver. By G. Fisc. Beaver puppet. Marco.

Try Test Bingo. Marco; ISBN: TR917-M; \$11.95; Grades K–3.

Study Skills Bingo. Marco; ISBN #BB949-M; \$14.95; Grades K–3. ISBN: SS939-M; \$11.95; Grades 4–8.

Study Skills 6–8 Week Program. Stories, worksheets, reproducible, P.A.L. puppets and gloves with felt/velcro finger puppets. Marco; ISBN: SK800K; \$80.00 complete set; Grades K–6.

Solve Conflicts Peaceably Bingo Game. Marco; ISBN: SC963-M; \$14.95.

Sailing New Seas. Stories, activities, reproducible for group or classroom counseling with new students. Marco; ISBN: SN994-M; \$14.95; Grades 1–4.

Getting Along by K.Havenm. Audio cassette, 10 songs, 10 stories, and reproducible. Courage to Change; ISBN: 30324; \$19.95. Book and tape set for ages 4–10.

The Teachers Resource Guide by Stephen B. McCarney, EdD. A guide for teachers to use to guide in dealing with the most common learning and behavior problems encountered in the educational environment. Hawthorne Educational Services; ISBN: 02120; \$36.00. Computer version: Product # 02121; \$225.00.

Parent’s Guide to Attention Deficit Disorders (2nd ed.). by Stephen McCarney and Angela Marie Bauer. Hawthorne Educational Services; Product # 00840; \$20.00.

Guidance Activities for Counselors & Teachers by C. L. Thompson, C.L. & W. A. Poppen.

Leo the Late Bloomer by Leo Lionni. A book about being unique and how people are similar and different.

Rainbow Fish by Marcus Pfister. A good book about sharing.

The Rainbow Fish and Video by Marcus Pfister. Feelings Factory.

Rainbow Fish to the Rescue by Marcus Pfister. Feelings Factory.

The Grouchy Ladybug by Eric Carle and ladybug puppet; can use Beanie Babies for every character. Marco.

How to Lose All Your Friends by Nancy Carlson. Feelings Factory.

Tattlin Madeline by C. Cummings.

No More Tattling on Pickle Mountain by P. Kienzle. Story, discussion questions, and stickers. Marco.

Sweet Potato Stories by K. Farmer and C. Yarberry Six stories on problem solving for students in Preschool –3rd grades. Marco; ISBN: 1-57543-013-4/Product # SP900B-M; \$16.95.

Second Step: A Violence Prevention Curriculum (2nd edition). Committee for Children. Grades 1–3.

Hands are not for Hitting by M. Agassi. Regent Book Co.; \$11.95.

When Sophie Gets Angry....Really, Really Angry by M Bang. Regent Book Co.; \$15.95.

Perfect Puppy by S. Calmenson. Bibliotherapy about mistakes are okay. Regent Book Co.; \$15.00; Grades PreK–1.

Career Development

The school counselor and career education by K.B. Hoyt (1976). U.S. Dept. of Health, Education, and Welfare.

Community Helpers. Cards by Trend Enterprises.

NC Careers Online Interest Inventory. From the SOICC Web page; used best with 4th and 5th Grade students.

Career-O-Rama. Disk/computer or career pathways cluster list.

Career Development Activities for the Elementary Grades. Marco; ISBN: CD018; \$29.95; Grades 3–6.

Me and My Job. Marco; ISBN: MM300-M; \$10.95; Grades 2–4.

What Could I Be? Ready to use – 16 small group and classroom games. Program teaches about careers in transportation, construction, human service, business and marketing, creative arts, health, science and agriculture, and natural resources. Marco; ISBN: WC006R; \$47.95.

Career Bingo I. Marco; ISBN: CB978-M; \$12.95; Grades Pre–3.

Career Bingo II. Marco; ISBN: CB979-M; \$29.95; Grades 4–8.

Picture Me This! Game. One picture card can generate a multitude of responses as students brainstorm every imaginable career associated with each picture. 52 Occupation Picture Cards, 12 lessons, and reproducible activity sheets. Marco; ISBN: PM976-M; \$10.95.

Career Cutouts. Clever and creative activities for kids to “picture” themselves in 75 different careers (Guidance – Elementary Grades). Product # LWR149-M3; ISBN: 0-88160-294-9; \$11.99; Grades K–3.

Books that help students understand nontraditional occupations/career choices:

Children’s Dictionary of Occupational Titles

My Mom Travels A Lot by C.F. Bauer (1981).

Katy and the Big Snow by V.L.Burton (1967).

Girls Can Be Anything They Want by P. Foote (1980).

George the Babysitter by S. Hughes (1977).

Martin’s Father by M. Eichler (1971).

The Berenstain Bears No Girls Allowed by J. Berenstain.

Personal/Social Development

Froggy and Friends I by K. Guild. A social skills program. Marco; Product # FF925B-M; \$22.95; Grades K–3.

Froggy and Friends II. Froggy teaches good behavior; his adventures include: tattling, bullying, doing your best, name calling, prejudice and bragging. Use Beanie Babies to help illustrate stories. Marco; Product # FF968B-M \$22.95.

Skills for Living: Group Counseling Activities for Elementary Students by R.S. Morganett. Research Press; ISBN: 0-87822-347-9.

Games Children Should Play: Sequential Lessons for Teaching Communication Skills in Grades K–6 by M. Cihak & B.J. Heron. Scott Foresman & Co.; ISBN # 0-673-16370-9; \$14.95.

It’s Not Easy Being a Bunny by M. Sadler. A story to help students identify different feelings.

DUSO-Body Rights Kit by American Guidance Services. The kit is a good and very inexpensive resource for teaching good and bad touch, privacy rights, and seeking assistance.

My Body Belongs to Me by Kristin Baird. This book can be read and then have discussion on sections pertaining to good and bad touch, privacy, and seeking help.

My Body Is Mine, My Feelings Are Mine. A story about body safety for young children with an Adult Guide Book. Childsworld Childsplay; Product # CPG63615; \$18.95.

Lessons for Living-Self-Control from the Watchkin Adventures by Scholastic.

The Lean Mean Machine by Joy Berry. A story to help discuss the consequences of not controlling yourself.

Why Are People Different by B. Hazen. Read and discuss the ways children know of people being different.

Elijah's Angel. Read and discuss the story in relation to the differences in Michael and Elijah (cultural, generational, and religious).

Willie McGurgle. A good anonymous poem to read to help students understand non-verbal behavior and effective communication.

Cookie's Week by Cindy Book Ward (1997). This story helps students understand consequences. Paper Star; ISBN: 069114353.

Helping Children Cope with Fears and Stress by Robinson, Fey, Vogel.

Tell 'Em How You Feel. Video can help students apply conflict resolution skills. Video available from J.Gary Mitchell Film Company at www.empowerkids.com

Ask ERIC Lesson Plans. Online resource for substance abuse. Address:
<http://ericir.syr.edu/virtual/lessons/health/substance-Abuse/SBA0003.html>

Dinosaurs Divorce: A Guide to Changing Families by L. Brown & M. Brown; Courage to Change; Product # 70257; \$16.95.

Good-Bye Daddy! by B. Weninger. Courage to Change; Product #70333; \$14.95.

Mama and Daddy Bear's Divorce by C. Spelman. Guidance – Elementary Grades. Product # AK109-M3; \$5.95 Paperback; Grade K–2.

Dealing with Divorce Game. Marco; Product # DD978-M; \$10.95.

Coming to Terms with Divorce. A Guided Support Program for Primary Grades. (Guidance – Elementary Grades). Workbook ISBN 1-56077-146-1; Leader's Manual ISBN #1-56077-147-X; Product # CFL464-M3 (Grades 1-3); # CFL436-M3 (Grades 4-6); # CFL463-M3 (Leader's Guide).

OREO Cookies and Divorce. An activity in the Pickle Packet for Elementary Counselors.

Hunter and His Amazing Remote Control by L. Copeland. A fun, hands-on way to teach self-control to ADD/ADHD children. ISBN: 1-889636-13-4; YouthLight Inc.

Getting a Grip on ADD: A Kid's Guide to Understanding and Coping with Attention Disorders by K. Frank & S. Smith. Educational Media Corp.; ISBN: 0-932796-60-5.

The ADD Hyperactivity Workbook for Parents, Teachers, and Kids by H. Parker. Childswork/Childsplay; Product #CPG63799; \$32.00; ISBN: 0-9621629-0-6.

Creative Coaching: A Support Group for Children with ADHD (2nd edition) by N. McDougall & J. Roper. With curriculum-based activities. YouthLight Inc.; ISBN: 1-889636-40-1.

Jumping Jake Settles Down. A workbook for calming impulsive children. Childswork/Childsplay; Product # CPG61539; ISBN # 1-882732-11-1; \$17.95.

Help for Kids! Understanding Your Feelings About Having A Parent In Prison or Jail. Marco; Product # HF987; \$9.95; Grade 1–6.

Books relating to self-esteem and feelings:

Mixed-up Chameleon by Erick Carle. Use Beanie Babies for all the characters in the story.

Three Cheers for Tacky by Lester. Penguin puppet. Marco.

The Lovables in the Kingdom of Self-Esteem by D. Loomans. Use Beanie Babies for all the characters in the story. Courage to Change; Product # 30445; \$15.95.

The Building Blocks of Self Esteem Activity Book. A skill-oriented approach to teaching self-worth. Childswork/Childsplay; ISBN 1-882732-08-1.

The Jester Has Lost His Jingle by D. Saltzman. Jester doll. Courage to Change.

Franklin’s Secret Club and Franklin’s New Friend by Paulette Bourgeois. Regent Book Co.

Flower and the Caterpillar by T. Ludwig. Changeable puppet and reproducibles. Marco; Product # FC948-M; \$5.95; Grades 1–4.

Story of Seven Sour Pickles. Pickle puppet. Marco.

Pickle Jar Bingo. Helps students identify feelings. Marco; Product # PJ931-M; \$11.95; Grades PreK–2.

Feelings and Fun Packet. Reproducible, puppets, crossword puzzles, mazes, word finds, etc. Feelings Factory.

Buddy by P. Berube. Puppet and discussion guide on kindness. Marco; Product # BU946-M; \$6.95; Grades PreK–3.

The Band-Aid Chicken. A book about bullying/peer pressure. Marco; Product # BA984-M; \$6.95; Grades PreK–2.

A Volcano in My Tummy: Helping Children to Handle Anger by E. Whitehouse & W. Pudney. Courage to Change; Product # 30418; \$12.95.

Books relating to lying and grief:

Franklin Fibs by Paulette Bourgeois. Regent Book Co.

Berenstain Bears and the Truth by J. Berenstain. Collection of 10 books includes stories about teasing, greediness, handling bullies, blaming others, telling the truth, bad dreams, dealing with strangers, problems with friends, and fighting. Childsworld Childsplay; Product # CPG63765; \$29.95; Ages 4–8.

Liar, Liar, Pants on Fire by M. Cohen

Chocolate Chip Cookie at Recess by Patricia Taylor Kienzle. Short story and discussion questions from “The Pickle Packet for Elementary Counselors.” Marco. Or order from author at 3525 Northwood, Fayetteville, AR 72704 or call 501-521-0076.

Aarvy Aardvark Finds Hope by D. O’Toole. Children’s workbook & leader’s guide. Courage to Change; Product # 82233; \$11.95.

Pepsee’s Pup by M. Rodenbaugh. Short story to help with the death of a pet. Marco.

PUMSY Self-Esteem Program. “Bright Beginnings” for Grades K–4 or **“Pumsy in Pursuit of Excellence”** for Grades 2–5. www.pumsy.com

Ready to Use Conflict Resolution Activities for Elementary Students by B.Teolis. American School Counseling Association; Order #9709; \$29.50.

Ready to Use Social Skills Lessons and Activities. Ready to Use Resources for Educators. Grades PreK–K: ISBN: 0-7879-6638X, \$29.95; Grades 1–3: ISBN: 0-87628-864-6, \$29.95; Grades 4–6: ISBN: 0-87628-473-X, \$27.50.

The Angry Monster Machine Game. Feeling Factory; Product AMM; \$49.00.

The Angry Monster Workbook. Feelings Factory; Product AMW; \$17.95.

Coping with Deployment by S.L. Hall. Includes: “My Dad is Deployed,” “My Mom is Deployed,” and “Coping with Deployment Activities.” Marco; ISBN: 1-57543-0967; \$8.95.

General Resources

Elementary School Counseling: A Blueprint for Today and Tomorrow by J.C. Worzbyt & K. O’Rourke. This book provides for creation and implementation of a program designed to meet the needs of all children. Activities in all three developmental areas are provided for counselors. Accelerated Development Inc.; ISBN # 0-915202-69-7.

The National Model for School Counseling Programs by J.L. Bowers & P.A. Hatch (2002). ASCA; www.schoolcounselor.org; 800-306-4722.

Meeting the Guidance and Counseling Needs of Boys by L. Beymer (1995). American Counseling Association; ISBN: 1556201362.

A Survival Guide for the Elementary/Middle School Counselor by J. Schmidt. Ready to Use Resources for Educators; ISBN: 0-87628-801-8; \$32.95.

School Crisis Survival Guide by S. Peterson and R. Straub. Ready to Use Resources for Educators; ISBN: 0-87628-806-9; \$29.95.

School Counselor's Letter Book by Hitchner, Tiffitt-Hitchner, & Apostol. Over 200 counselor tested model letters, forms, memos, worksheets, and checklists specifically designed to help you cut the time you spend on paperwork in half. Ready to Use Resources for Educators; ISBN: 0-87628-786-0; \$39.95.

Counselor in the Classroom by P. Schwallie-Giddis, D. Cowan, and D. Schilling. Guidance – Elementary Grades. Product # IN115-M3; ISBN: 1-56499-017-6; \$21.95.

Classroom Guidance Activities: A Sourcebook for Elementary School Guidance by J. Wittmer, D. Thompson, & L. Loesch. Guidance – Elementary Grades. Product # EM144-M3; \$24.95.

Managing Your School Counseling Program: K–12 Developmental Strategies by J. Wittmer. Guidance – Elementary Grades. Product # EM138-M3; \$32.95.

Brief Counseling That Works: A Solution-Focused Approach for School Counselors by G. Sklare. ASCA; www.schoolcounselor.org; ISBN #0-8039-6467-6.

Pickle Packet for Elementary Counselors by Patricia Taylor Kienzle. Materials available from Marco Products or from author at 3525 Northwood, Fayetteville, AR 72704 or call 501-521-0076, fax 501-521-4973; Grades K–6.

Kids' Stuff: A Workbook about Children Who Are Special in Different Ways by B. Wasserman. Educational Media Corporation; ISBN: 0-932796-93-1; \$12.95.

Individual Counseling Activities for Children by R. Bowman & S. Bowman Featuring 85 ready-to-use plans and ideas. YouthLight Inc.; ISBN: 1-889636-12-6; Grades K–6.

A Year of School Counseling. Tools and techniques for K–12 themes throughout the year. YouthLight, Inc.; ISBN: 1-889636-43-6.

Large Group Guidance Activities. Educational Media Corp.; ISBN: 0-932796-70-2.

MOST BOOKS, PUPPETS, GAMES, PROGRAMS, ACTIVITIES, AND PRIZES ETC. MAY BE ORDERED FROM THE FOLLOWING RESOURCES: (call for catalogs)

Resource	Phone Number	Web Site
Marco	800-448-2197	www.marcoproducts.com
Feelings Factory	800-858-2264	www.feelingsfactory.com
Oriental Trading	800-228-2269	
School Aids	800-673-1576	
Pickle Packet Author – Patricia Kienzle	501-521-0076	
Courage to Change	800-440-4003	www.ctc@etcddata.com
Hawthorne Educational Services	314-874-1710	www.htc-inc.com
Ready-to-Use Resources for Educators	800-956-7739	www.jbp.com/promo/e3m
Accelerated Development Inc.	800-222-1166	
National Career Development Association	866-FOR-NCDA	www.ncda.org
Guidance – Elementary Grades	800-421-4246	www.socialstudies.com
Educational Media Corporation	612-781-0088	
YouthLight Inc.	800-209-9774	www.youthlight.com
Committee for Children	800-634-4449	www.cfchildren.org
Paperbacks for Educators	800-227-2591	
Regent Book Company	800-999-9554	www.regentbook.com
Childsworld/Childsplay	800-962-1141	www.childsworld.com
The Learning Works, Inc.		
SOICC (State Occupational Information Coordinating Committee)		
Barnes and Noble		
Books-A-Million		

Inexpensive Resources

ITV (Instructional Television) an instructional programming guide and services for K–12 provided by the Education Department (Ask your librarian.)

Your school library probably has most of the books recommended, or your librarian may be willing to order them for you.

Eddie Eagle Program – gun safety program funded by the NRA – K. Jones at 800-231-0752

Stay in School Drug Prevention Program – contact your local recruiting office.

Local Law Enforcement agencies have various programs available.

Teacher and Parent Resource Centers

The Career Key –free online career assessment tool – www.ncsu.edu/careerkey/index

The Interest-Finder Quiz – a sample quiz (60 interest test items) designed to acquaint the user with a national test Interest-Finder that is a part of the ASVAB Career Exploration Program – www.myfuture.com/secondary/career/ch_interestquiz

The Career Questionnaire – College Board developed this quick questionnaire. Results are then linked to a list of matching occupations – www.collegeboard.org/career/html/searchQues

Interest Finder Quiz – www.schoolfinder.com/career/carquiz.htm

America’s Career InfoNet – site provides links to a comprehensive source of occupational information – www.acinet.org/acinet

References and Resources for Middle School

(These resources have been arbitrarily divided into categories. However, most contain materials that are appropriate for all three content areas.)

Academic Development

Counseling Secondary Students with Learning Disabilities by Michael Koehler and Marybeth Kravets. Ready-to-use guidelines, techniques, and materials; 140 forms, letters, checklists, and samples to help better serve the LD student. Customer Care Center - Consumer Accounts, 10475 Crosspoint Blvd., Indianapolis, IN 46256; Phone: (800) 956-7739; Fax: (800) 597-3299; customer@wiley.com; ISBN: 0-87628-272-9; \$29.95.

Pre-Referral Intervention Manual by Stephen B. McCarney, EdD, Kathy Cummins Wunderlich, M.Ed., & Angel M. Bauer, M.Ed. Suggestions for counseling students with academic, interpersonal or behavior problems. Hawthorne Educational Services, Inc., 800 Gray Oak Drive, Columbia, MO 65201; Phone: (573) 874-1710 or (800) 542-1673; Fax: (573) 442-9509 or (800) 442-9509.

The School Counselor's Book of Lists by Dorothy J. Blum, EdD. This comprehensive information source and time-saver for K–12 counselors is packed with over 400 accurate, up-to-date lists of guidelines, materials, activities, and ideas covering virtually every aspect of the guidance and counseling curriculum and the school counselor's job. Customer Care Center - Consumer Accounts, 10475 Crosspoint Blvd., Indianapolis, IN 46256; Phone: (800) 956-7739; Fax: (800) 597-3299; customer@wiley.com; ISBN: 0-78796-640-1; \$32.95.

A Survival Guide for the Elementary/Middle School Counselor by John J. Schmidt, EdD (September 2002). This practical, professional resource is packed with hundreds of ready-to-use ideas, strategies, and tools to help you plan and implement an effective counseling program tailored to the remedial, preventative, and developmental needs of all students. Jossey-Bass. Customer Care Center - Consumer Accounts, 10475 Crosspoint Blvd., Indianapolis, IN 46256; Phone: (800) 956-7739; Fax: (800) 597-3299; customer@wiley.com; ISBN: 0-78796-643-6; Paperback; \$32.95.

Career Development

Career Development Activities for the Elementary Grades by Mirian McLaughlin and Sandra Peyser. Relating academic areas to the world of work; provides 130 career activities for grades 3 through 6 that are tied to major subject areas. Educational Media Corporation, Box 21311, Minneapolis, MN 55421-0311; Phone: (763) 781-0088; www.educationalmedia.com; ISBN: 1-930572-08-5; \$29.95.

Young Person's Occupational Outlook Handbook (4th edition) (2003). The fourth edition of this JIST best seller is based on the Department of Labor's **Occupational Outlook Handbook**, 2002–2003 edition (the most widely used career book ever). It is ideal for helping young people explore careers. It groups related job descriptions, making it easy to study job options based on interests. The text stresses the connection between school subjects and needed job skills—direct support for school-to-career research. JIST Works; Phone: (800) 956-7739; www.jist.com; Order Code: J9058; ISBN: 1-56370-905-8; 7.5 x 9.25, 304 pp., softcover, \$19.95.

Personal/Social Development

ETV School Resource Guide. A guide to instructional programming and services for kindergarten through twelfth grade; includes videos on career education, health and safety, and life skills. Mississippi Educational Television Learning Services Division, 3825 Ridgewood Road, Jackson, MS 39211; Phone: (800) 922-9698; www.etv.state.ms.us; Free.

Project Wisdom. 185 daily messages, including special messages for special days of the year. Program comes with a lifetime licensing agreement, which gives the school the right to broadcast this material over the public-address or in-house television system. Themes include courage, courtesy, dealing with anger, diversity, and many, many more. There are three different series. Project Wisdom, 4747 Bellaire Blvd., Suite 210, Bellaire, Texas 77401-4518; Phone: (800) 884-4974; Fax: (713) 664-6944; <http://www.projectwisdom/>; \$350.00 per series.

Ready-to-Use Social Skills Lessons & Activities for Grades 4-6 edited by Ruth Weltmann Begun. A ready-to-use curriculum based on real-life situations to help you build students' self-esteem, self-control, respect for the right of others, and a sense of responsibility for one's own actions. Customer Care Center - Consumer Accounts, 10475 Crosspoint Blvd., Indianapolis, IN 46256; Phone: (800) 956-7739; Fax: (800) 597-3299; customer@wiley.com; ISBN: 0-87628-474-8; \$27.50.

Ready-to-Use Social Skills Lessons & Activities for Grades 7-12 edited by Ruth Weltmann Begun. A ready-to-use curriculum based on real-life situations to help you build students' self-esteem, self-control, respect for the right of others, and a sense of responsibility for one's own actions. Customer Care Center - Consumer Accounts, 10475 Crosspoint Blvd., Indianapolis, IN 46256; Phone: (800) 956-7739; Fax: (800) 597-3299; customer@wiley.com; ISBN: 0-87628-475-6; \$27.50.

Solution-Focused Counseling in Middle and High Schools by John Murphy. Murphy provides excellent brief therapy interventions for problem resolutions that are especially designed for busy school counselors. American Counseling Association, 5999 Stevenson Ave., Alexandria, VA 22304; Phone: (800) 347-6647; Fax: (800) 473-2329; TDD: (703) 823-6862; Order #72640; ISBN: 1-55620-170-2; Prices: List, \$41.95; Member, \$24.95.

References and Resources for High School

Academic Development

ACT Preparation and Registration Booklets. Student registration packets and an ACT practice test and preparation booklet are included. American College Testing Program, PO Box 168, 2201 N. Dodge St. Iowa City, Iowa 52243-0168; www.act.org; Free.

College Access Planning Program (CAPP). This nonprofit organization offers free college and career planning counseling for students and parents. Available to present college, career, and financial aid workshops in schools around the state. 2600 Lakeland Terrace Jackson, MS 39216. 601-713-2715; www.naildowncollege.com; Free.

The College Handbook. An informative guide to more than 3,600 2- and 4-year colleges in the U.S. Provides admissions information, contact information, and cost data. Updated annually. College Board, 45 Columbus Avenue, New York, NY 10023-6992; Phone: (212) 713-8000; www.collegeboard.org; ISBN: 0874476941; \$26.95.

Getting Into the ACT: Official Guide to the ACT Assessment. Officially endorsed by ACT, this preparation guide incorporates actual former ACT tests and tips. Harcourt Brace. May be ordered from Social Studies School Service at 1-800-421-4246 or may be purchased from your local bookstore. ISBN: 0156005352; \$17.00.

Mississippi Department of Education State Testing Resources. Subject area test blueprints and sample test questions are provided. A state testing calendar and other helpful state testing related materials are found at the following web site: www.mde.k12.ms.us; Free.

Mississippi Institutions of Higher Learning. Provides pamphlets, brochures, and information concerning admissions requirements and state financial aid and scholarship programs to Mississippi's public institutions. 3825 Ridgewood Road, Jackson, MS 39211; www.ihl.state.ms.us; Free.

Fastweb, On-line scholarship search. An online scholarship search for students and parents. This service is free to schools and students who register as a fastweb user on line. Fastweb contains a large database of private and public scholarship opportunities. www.fastweb.com; Free.

Internet Guide for College-Bound Students by Kenneth E. Hartman. Guidelines and tips for using the Internet to conduct an effective college search. The College Board, 45 Columbus Avenue, New York, NY 10023-6992; Phone: (212) 713-8000; ISBN: 0874476011; www.collegeboard.org; \$14.95.

Panic Plan for the ACT Assessment. A 2-week review for all four areas of the ACT. Peterson's, 2000 Lenox Drive, P.O. Box 67005, Lawrenceville, NJ 08648; Phone: (877) 433-8277; www.petersons.com; ISBN: 0768908582; \$9.95.

The Student Guide to Federal Financial Aid. An informative guide explaining federal grant and loan programs available to students and parents. Updated annually. US Department of Education. Federal Student Aid Information Center. P.O. Box 84, Washington, DC. 20044; Phone: 1-800-4-FED-AID; www.ed.gov; Free.

Study Smart! by Gary Abbamont and Antoinette Brescher. Ready to use reading and study skills activities for grades 5–12. Activities are reproducible. Simon and Schuster; Social Studies School Service; Phone: 1-800-421-4246; ISBN: 0876288727; \$29.95.

Career Development

But What If I Don't Want to Go to College? A guide covering over 100 careers that require alternate forms of education such as vocational or technical training. Includes help on where to obtain information. Social Studies School Service; Phone: 1-800-421-4246; www.socialstudies.com; ISBN: 0816038619; \$12.95.

Careers and Colleges Magazine Series. A magazine series that discusses career and college planning. Articles are geared primarily towards juniors and seniors. Schools must request a subscription and must explain how the magazines will be distributed and utilized. E.M. Guild, Inc., 989 Avenue of the Americas, 6th Fl., New York, NY 10018; Phone: 1-800-964-0763; www.careersandcolleges.com; Free.

CHOICES Planner and ***CHOICES EXPLORER.*** This computerized state career information system is provided to all Mississippi public schools and targets students in grades 7–12. Students are provided opportunities to explore careers, prepare 4/6 year plans, complete interest inventories, perform college and scholarship searches, view job descriptions and videos, develop basic necessary skills, write resumes, and improve employability skills. An annual fall update is provided. Contact: Bridges Transitions Co., 800-281-1168, Barbara McDaniel, Regional Manager, bmcdaniel@xap.com. To view these products and others, visit: www.bridges.com.

Directions. A career planning book/guide for students in grades 7–12 that provides timely articles about occupational choices, the benefits of education, and detailed career descriptions. Contact: Mississippi's Career Resource Network, a service of the Mississippi Development Authority, Liz Barnett, CRN Director, lbarnett@mississippi.org. For additional information, visit: www.ms-careernet.org.

Mississippi Department of Education Dropout Prevention website. The Dropout Prevention office has created a College Begins in High school Guidebook for counselors to use with students. You will find the document at the following web site: http://www.mde.k12.ms.us/Dropout_Prevention/Guidebook_MDE_FINAL.pdf.

Personal Development

Activities that Teach by Tom Jackson. Activities for small groups or classrooms. Covers topics such as decision making, teamwork, and making healthy choices. Most may be completed with no other resources in a short time period. Publishers Press; Phone: 1-888-588-7078; www.activelearning.org; ISBN: 0-9664633-1-5; \$15.95.

Eating Disorder Information. A Web site that provides free information concerning the symptoms and treatment of eating disorders. Also provides links for further information. www.eatingdisorderinfo.org; Free.

Don't Sweat the Small Stuff for Teens: Simple Ways to Keep Your Cool in Stressful Times by Richard Carlson. This book provides light hearted but real, proven strategies to assist teens in decreasing stress, solving conflicts, and focusing on the positive. May be purchased at your local bookstore or at www.amazon.com; ISBN: 0786885971; \$11.95.

Jump Starters: Quick Classroom Activities that Develop Self-Esteem, Creativity, and Cooperation by Linda N. McElherne. An activity book that provides brief activities that cover topics such as friendship, respect, goal setting, study skills, and cooperation. Grades 5–12. Free Spirit Publishing Inc., 217 Fifth Avenue North, Suite 200, Minneapolis, MN 55401-1299; Phone: 1-800-735-7323; www.freespirit.com; ISBN: 1575420503; \$21.95.

The Seven Habits of Highly Effective Teens by Sean Covey. This book presents teens with seven practices for success. It emphasizes responsibility, remaining positive, listening, and taking good care of one's self. Could be effectively used in a small group setting. May be purchased at your local bookstore or at Social Studies School Guidance, Phone: 1-800-421-4246; ISBN: 0613237641; \$14.00.

What Do You Really Want? How to Set a Goal and Go for It! By Beverly Bachel. An activity guide to setting goals. Contains reproducible forms and activities for use with students in grades 6–12. Free Spirit Publishing, 217 Fifth Avenue North, Suite 200, Minneapolis, MN 55401-1299; Phone: 1-800-735-7323; www.freespirit.com; ISBN: 1575420856; \$12.95.

When Death Impacts Your School and **After A Suicide: A Workbook for Grieving Kids.** These two publications of the Dougy School provide schools, counselors, and students with strategies for dealing with the death or suicide of a classmate, teacher, or staff member. PO Box 86852, Portland, OR 97286; Phone: 1-866-775-5683; www.dougy.org; ISBN: 1890534056; \$9.95 and \$12.95.

General

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Mississippi Department of Education. (2006). *Approved courses for the secondary schools of Mississippi*. Retrieved April 12, 2010 from www.mde.k12.ms.us/ACAD/ID/.../pdfs/approved_courses_06-07_final.pdf

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National Parents for Public Schools. (n.d.). Retrieved April 12, 2010 from <http://www.parents4publicschools.org/>

U.S. Department of Health and Human Services. (n.d.). *Stop bullying now*. Retrieved April 12, 2010 from <http://www.stopbullyingnow.hrsa.gov/kids/>

Local Department of Human Services

Local Regional Counseling Service

Local Hospital Educational Services Office

References and Resources for Career and Technical Counselors

ACT, www.act.org

American School Counseling Association, <http://www.schoolcounselor.org>

Association for Career and Technical Education, <http://www.acteonline.org>

Bridges, www.bridges.com

Career and Technical Schools by College Student – Net, <http://www.college-student.net>

Career and Technical Information Center, <http://www.khake.com/index.html>

College Access Initiative, <http://www.mississippi.edu/>

Educational Services Foundation, <http://esfweb.com>

International Center for Leadership in Education, <http://www.daggett.com/index.html>

Internet Mental Health, <http://www.mentalhealth.com/>

Job Shadowing, <http://jobshadow.org>

Mississippi Assessment Center (MS-CPAS2), <http://www.mde.k12.ms.us/acad/osa>

Mississippi Career Resource Network, <http://mscareernet.org>

Mississippi Counseling Association, <http://mscounselor.org>

Mississippi Department of Education, www.mde.k12.ms.us

National Dropout Prevention Center, <http://www.dropoutprevention.org>

National Education Association – School Safety, <http://nea.org/schoolsafety>

O-Net, <http://www.onetcodeconnector.org/>

Safe and Orderly Schools – MDE, <http://www.mde.k12.ms.us/sosguide.htm>

United States Department of Education – Safe Schools,
<http://www.ed.gov/about/offices/list/osers/osep/gtss.html>

United States Department of Labor, <http://www.bls.gov/home.htm>

Handbook for School Counselors

NOTE: This document is in a separate file on the Mississippi Department of Education website at http://www.mde.k12.ms.us/Dropout_Prevention/school_counsel.html

Community Resources

AIDS/HIV Services

AIDS info. Hotline	(800) 826-2961
AIDS/HIV Information	(601) 713-4357
Building Bridges (Housing assistance)	(601) 922-0100
Catholic Charities	(601) 355-8634
Contact	(601) 371-7483
Episcopal AIDS Committee (Medication assistance)	(601) 713-0540
Grace House (Residential facility)	(601) 353-1038
Hospice Ministries	(601) 898-1053
HOPWA (Rental assistance) Health Department	(601) 576-7723
NOT HERE Foundation	(601) 376-0707
Operation Shoestring	(601) 353-6336
Ryan White Program (Medication assistance)	(601) 576-7723

Alcohol and Drug Abuse/Other Addictions

Al-Anon, Alateen	(800) 826-2961
Alcohol Services Center	(601) 948-6220
Alcoholics Anonymous	(601) 982-0081
Baptist Hospital (Adult, adolescent inpatient treatment)	(601) 968-1102
Born Free (Residential treatment-pregnant/parenting mothers)	(601) 922-0026
CARES Center/The Ark (Adolescent residential treatment)	(601) 355-0077
Cocaine Abuse	(800) 274-2042
"CONNECTIONS" HOTLINE (Answered 24 hours a day)	(888) 827-4637
Substance Abuse	(800) 662-4357
Friends of Alcoholics (Free residential treatment for males)	(601) 362-4275
Gamblers Anonymous	(601) 471-4333
Harbor House for Men and Women (Adult residential treatment)	(601) 371-7335
Men's Transition Programs	(601) 355-0061
Miracle House (Homeless residential treatment for males)	(601) 982-0587
Mississippi State Hospital (Adult inpatient treatment and DD)	(601) 351-8007
Narcotics Anonymous	(601) 949-9499
National Council on Alcoholism and Drug Abuse	(601) 899-5880
New Beginnings (Transitional-pregnant/parenting mothers)	(601) 371-7483
Overeaters Anonymous	(601) 957-0321
Country Oaks Recovery Center	(601) 922-0802
St. Dominic Hospital (Adult inpatient treatment and dual diagnosis)	(601) 364-3030
Outpatient Chemical Dependency	(601) 364-1254
Victory Manor (Adult residential treatment for males)	(601) 924-9496

Blind/Visually Impaired

Addie McBryde Rehab Center for the Blind	(601) 364-2700
Library Commission Office (Large print book)	(601) 961-4111
Library for the Blind and Physically Handicapped	(601) 961-4111
Low Vision Clinic (Mississippi School for the Blind)	(601) 984-8210
Mississippi Council of the Blind	(601) 932-4338/982-1718
Mississippi Lions Eye and Tissue Bank (Glasses)	(601) 366-5362
Preserve Sight Mississippi	(601) 362-6985

Children and Family Services

Adoption Ministries of Mississippi	(601) 362-2272
Adoption Resource Exchange	(601) 359-4980
Baptist Children Village, The	(601) 922-2242/4334
Candlelighters (Support group for families of children with cancer)	(601) 371-6724
Catholic Charities (Adoption)	(601) 960-8649
Child Abuse Hotline	(800) 222-8000
Children's Advocacy Center (Referrals for sexually abused children)	(601) 969-7111
Children's Health Insurance Programs (CHIPs)	(800) 421-2408
Children's Medical Program (Children and adolescents w/disabilities)	(601) 987-3965
Children's Rehabilitation Center – Univ. of MS Medical Center	(601) 984-2940
Christian in Action (Emergency shelter for children)	(601) 353-1942
Choctaw Social Services	(601) 656-2211
"CONNECTIONS" HOTLINE (Answered 24 hours a day)	(888) 827-4637
Crime Victim Compensation Program	(601) 713-3113
Families First Parent Resource Center (Parent education)	(601) 969-7232
First Steps Early Intervention Program (Dev. disabilities)	(800) 451-3903
Hope Haven (Adolescent crisis center)	(601) 376-0500
Mississippi Children's Home Society (Adoption, group homes)	(601) 352-7784
Mississippi Early Childhood Association (Parent education/videos)	(601) 898-0396
MS Families as Allies for Children's Mental Health (Respite)	(601) 981-1618
MS Families for Kids (Adoption/Foster care)	(601) 360-0591
MS Forum on Children and Families (Parent education)	(601) 355-4911
Our House (Shelter for adolescents-runaway abused)	(601) 355-0161
Parent Child Center (Parenting classes, counseling services)	(601) 944-1055
Perinatal High Risk Management (PHRM) (Teen/high risk preg.)	(601) 987-3977
Ronald McDonald House (Lodging for families of ped. cancer pts.)	(601) 981-5683
The McClean Fletcher Center (Children during w/death)	(601) 982-4405

Deaf/Hearing Impaired

Interpreters	(601) 984-2468
Mississippi Hearing Center	(601) 353-0595
Mississippi Lions Eye and Tissue Bank (Hearing aids)	(601) 366-5362

Disability Services

Blake Clinic (Children)	(601) 987-9365
Children's Medical Program	(601) 987-3965
Children's Rehabilitation Center – Univ. of MS Medical Center	(601) 984-2940
First Steps Early Intervention Program (Dev. disabilities)	(800) 451-3903
Independent Living Center	(601) 351-1525
Institute for Disability Studies (Education and referrals)	(601) 432-6261
Living Independence for Everyone (LIFE)	(601) 969-4009
Mississippi Donated Dental Service Program	(601) 368-9823
MS Methodist Rehabilitation Center (MMRC)	(601) 936-8888
Vocational Rehabilitation	(601) 853-5100

Domestic Violence/Sexual Assault Services

Adult and Adolescent Survivors of Abuse	(601) 372-6393
Child Abuse Hotline	(800) 222-8000
Christians in Action (Emergency shelter for children)	(601) 353-1942
"CONNECTIONS" HOTLINE (Answered 24 hours a day)	(888) 827-4637
Crime Victim Compensation Program	(601) 359-6766
Family Crisis Shelter	(601) 355-3070
Hope Haven (Adolescent crisis center)	(601) 376-0500
Matt's House (Shelter for women and children)	(601) 948-2873
MS Coalition against Sexual Assault (Referral for rape victims)	(888) 987-9011
Mississippi Department of Corrections	(601) 932-2880
Our House (Adolescent crisis center, pregnant women)	(601) 355-0161
Rape Crisis Center	(601) 982-7273
Resource Center Network (Victims of family violence)	(601) 932-4198
Sexual Assault Center (Catholic charities)	(601) 355-8634
Shelter for Battered Families (Catholic charities)	(601) 366-0222

Education, Advocacy, and Support Agencies

Alzheimer's Association	(601) 987-0020
American Cancer Society	(601) 362-8874
American Diabetes Association	(601) 981-1979
American Heart Association	(601) 981-4721
American Lung Association	(601) 206-5810
Area Agency on Aging	(601) 981-1511
Arthritis Foundation	(601) 362-6283
Brain Injury Association	(601) 981-1021
Candlelighters (Families of children with cancer)	(601) 371-6724
Catholic Charities	(601) 355-8634
Cerebral Palsy Foundation	(601) 853-1961
Choctaw Social Services	(601) 656-2211
Coalition for Citizens with Disabilities	(601) 969-0601

Compassionate Friends (Support for loss of a child)	(601) 713-4358
Contact Crisis Line	(601) 713-4357
Cystic Fibrosis of Mississippi	(601) 981-3100
Diabetes Foundation	(601) 957-7878
Disabled American Veterans	(601) 355-2224
Down Syndrome Society	(800) 221-4602
MS Society for Disabilities (Was EASTER SEALS)	(601) 982-7051
Epilepsy Foundation	(800) 898-0291
Family Counseling Services	(601) 352-7784
First Call for Help	(601) 352-4357
Gateway Rescue Mission	(601) 353-5864
Hemophilia Foundation	(212) 219-8180
Institutes for Disability Studies	(601) 432-6261
Juvenile Diabetes Foundation	(601) 981-1184
Kidney Foundation	(601) 981-3611
Leukemia Society of America	(601) 956-7447
Lions Eye and Tissue Bank	(601) 366-5362
Lupus Foundation of America	(601) 366-5655
MADD (Mothers Against Drunk Drivers)	(601) 346-5550
March of Dimes	(601) 362-8945
Mississippi Association for Retarded Citizens	(601) 982-1180
Mississippi Children Advocacy Center	(601) 371-0980
Mississippi Coalition against Domestic Violence	(601) 981-9196
Mississippi Coalition against Sexual Assault	(601) 987-9011
Mississippi Council of the Blind	(601) 932-4338/982-1718
Mississippi Council on Aging	(601) 960-4310
Mississippi Counseling Association	(601) 729-5317
Mississippi Developmental Disabilities Council	(601) 953-1270
Mississippi Early Childhood Association	(601) 898-0396
MS Families as Allies for Children's Mental Health, Inc	(800) 833-9671
Mississippi Forum on Children and Families	(601) 355-4911
Mississippi Gay & Lesbian Alliance	(601) 371-3019
Mississippi Private School Association	(601) 932-2007
MS Protection & Advocacy System for the Dev. Disabled	(601) 981-8207
Mississippi Safe Schools Coalition (Gay Youth)	www.mssafeschoolcoalition.org
Mississippi Society for Disabilities	(601) 982-7051
Mississippi State Department of Education	(601) 359-3513
Mississippi State Department of Human Services	(800) 345-6347
Mississippi State Veterans Affairs Board	(800) 827-1000
Multiple Sclerosis Society	(601) 856-7575
Muscular Dystrophy Association	(601) 936-8163
NAMI (Mental illness)	(601) 899-9058
National Coalition for Cancer Survivorship	(888) 937-6227
National Council on Alcoholism and Drug Dependence	(601) 899-5880
National Federation of the Blind	(301) 659-9314
NCI Cancer Information Service	(800) 422-6237
Poison Control Center, Univ. of MS Medical Center	(601) 354-7660

Reach for Recovery (Breast cancer)	(800) 227-2345
Salvation Army	(601) 968-3999
Survivors of Suicide	(601) 360-0814
The Trevor Project Hotline (Gay Youth)	(866) 488-7386
Y-Me (Breast cancer)	(800) 221-2141

Elderly Services

Aging and Adult Service	(601) 359-5131
Alzheimer's Association	(604) 987-0020
Alzheimer's Family Relief Program	(800) 437-2423
Hospice Ministries	(601) 898-1053
Medicaid Benefits	(601) 961-4361
Medicare Benefits	(601) 936-0105
Society Security Administration	(800) 772-1213
Veterans Affairs – Benefits	(800) 827-1000

Food/Clothing Assistance

Food Source	(601) 982-3430
Gateway Rescue Mission (Women and children)	(601) 353-5864
Good Samaritan Center	(601) 355-6276
Goodwill Retail Store	(601) 939-8726
Mississippi Food Network	(601) 353-7286
Crestwood	(601) 353-7683

Homeless Services/Shelters

Brumfield House (Men only)	(601) 984-2864
Daybreak (Men, women, and children)	(601) 355-5467
Friends of Alcoholics (Alcohol and drug treatment for men)	(601) 362-4275
Friends of Alcoholics (Alcohol and drug treatment for women)	(601) 362-3648
Homeless Mentally Ill Program (Whitfield) Day Program	(601) 351-1541
Matt's House (Women and children)	(601) 354-5799
Signs and Wonders (Men, women, and children)	(601) 355-9589
Sims House (Women and children)	(601) 969-3487
Stubbs' House (Mentally ill referral center)	(601) 351-1547

Medical Clinics/Health Services

AIDS Testing (Free)	(601) 364-2666
CHIPs (Children's health insurance program)	(877) KIDS-NOW
Choctaw Health Center	(601) 656-2211
Drug-4-Less	(601) 362-9792
Mississippi Donated Dental Services Program	(601) 368-9823
Mississippi Health Advocacy Program	(601) 982-2990
Mississippi Health Connection	(601) 956-3486

Mississippi State Department of Health	(601) 576-7477
Mississippi Vital Records	(601) 556-7981
MORA (Mississippi Organ Recovery Agency)	(601) 933-1000
Social Security Administration (SSI and disability)	(800) 772-1213

Mental Health Services

CARES Center (Child and Adolescent residential tx)	(601) 360-0583
Hudspeth Center (MR residential treatment)	(601) 664-6000
Millcreek (Child and Adolescent residential treatment)	(601) 849-4221
Mississippi Association for Retarded Citizens	(601) 985-1180
Mississippi State Department of Mental Health	(601) 359-1288
Mississippi State Hospital (Whitfield)	(601) 351-8000
Opportunity House (Rehabilitation day program)	(601) 354-4469
St. Dominic Behavioral Health Services	(601) 364-3090
Willowood Developmental Center (MR residential tx)	(601) 366-0123

Support Groups

AIDS/HIV	(601) 982-5919
Alcoholics Anonymous	(601) 982-0081
Compassionate Friends (Gulfport area)	(228) 868-2106
Compassionate Friends (Jackson area)	(601) 992-0642
Compassionate Friends (Tylorsville area)	(601) 264-5464
Compassionate Friends (Hattiesburg area)	(601) 264-5464
Compassionate Friends (Meridian area)	(601) 485-5628
CONTACT Crisis Line	(601) 713-4357
First Call for HELP (United Way)	(601) 352-4357
Narcotics Anonymous	(601) 949-9499
Overeaters Anonymous	(601) 957-0321
The McClean Fletcher Center (For children, death of a love one)	(601) 982-4405
Twelve-Step recovery meetings	(601) 899-5880

Others

ACT

500 ACT Drive
P. O. Box 168
Iowa City, Iowa 52243-0168
(319) 337-1270
www.act.org

American School Counselor Association (ASCA)

1101 King Street, Suite # 625
Alexandria, VA 22314
(703) 683-ASCA
www.schoolcounselor.org

American Counseling Association (ACA)

5999 Stevenson Ave.
Alexandria, VA 22304
(800) 347-6647
www.counseling.org

Mississippi Counseling Association (MCA)

<http://www.msccounselor.org/>

P.O. Box 728
Collins, MS 39428

Mississippi Department of Education

Central High School
359 North West Street
P. O. Box 771
Jackson, MS 39205-0771
(601) 359-3513
www.mde.k12.ms.us

The College Board

45 Columbus Avenue
New York, NY 10023-6992
(212) 713-8000
www.collegeboard.com

National Board for Certified Counselor/NBCC

3 Terrace Way, Suite # D
Greensboro, NC 27403 – 3660
(336) 547-0607
www.nbcc.org

NBCC's State Licensure Chart

Ms. Ann A. Cox, Executive Director
MS State Board of Examiners for Licensed
Professional Counselors
419 East Broadway
Yazoo City, MS 39194
(662) 751-4628, (888) 860-7001
www.lpc.state.ms.us

Board of Trustees of State Institutions of Higher Learning/IHL

3825 Ridgewood Road
Jackson, MS 39211
(601) 432-6611
www.ihl.state.ms.us

Mississippi State Board for Community and Junior Colleges

3825 Ridgewood Road
Jackson, MS 39211
(601) 432-6518
www.sbcjc.cc.ms.us

Local/Regional Resources

Create your own file of local and regional
resources.

Crisis Resources

The Mississippi Department of Education Web site at <http://www.mde.k12.ms.us> has a link to several excellent resources. Click on "School Safety" from this Web site to link to these resources.

When Tragedy Strikes...in YOUR School, What Will YOU Do

NOTE: This document is in a separate file on the Mississippi Department of Education website at http://www.mde.k12.ms.us/Dropout_Prevention/school_counsel.html

Protocol for School Counselor Response Teams

NOTE: Go to http://www.healthyschoolsms.org/healthy_school_environment/school_safety.htm, and then see the two links: School Occupational Safety and Crisis Management Plan; and MS School Safety Manual.

NOTE: Accreditation Process Standard #37.1 is applicable for schools' compliance with Section 37-3-83 of MS Code of 1972, Annotated.

Steps to Prevention

NOTE: This document is in a separate file on the Mississippi Department of Education website at http://www.mde.k12.ms.us/Dropout_Prevention/school_counsel.html